

Carol Anne Cooper

The Writing Facilitator
Author and Speaker

Carol Anne is passionate about movement, and is committed to helping others move through whatever is in their way of them having what they want.

Her personal journey from Head of Mathematics to Writing Facilitator began by finding Educational Kinesiology / Brain Gym, which she now uses to help unlock the writer within!



SIGNATURE TOPICS

- ✓ Unlocking The Writer Within
- ✓ Personal Development Through Writing
- ✓ Leading With Your Story
- ✓ Writing is a Healing Journey
- ✓ Moving Through Writer's Block
- ✓ Awakening The Inner Writer's Senses

Sample questions

- How do you know what to put in and what to leave out?
- How do you keep going after disappointing feedback?
- How do you know if you have a story worth telling?
- How do you find the joy of writing again?
- How do you avoid going into meltdown, when writing about emotional aspects?
- How do you know where to start?



Get in Touch

