

Amanda Cottrell

ART | MINDFULNESS | CREATIVITY

AUTHOR. SPEAKER. TEACHER
B.A. B.ED. M.ED

Amanda is a teacher, author, illustrator, yoga and mindfulness advocate. She believes we are all infinitely creative and that our success is inevitable when we step in our our creative power. When people follow their calling and become unapologetically themselves there is no stopping what they can accomplish and who they can uplift along the way.



Signature Topics

- CREATIVITY
- EMPOWERMENT
- LIVING BEYOND FEAR
- RETHINK EDUCATION
- ART OF MINDFULNESS



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